VALDA MAE CARES
FOUNDATION

September 2026

LUX Hearts of Hope Newsletter

Fostering Dignity for Seniors & Hope for Youth

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Highlights

+ We have completed a year around the sun! Over the past year, Valda Mae Cares Foundation has transformed compassion into action, mobilizing resources to support Jamaican seniors and youth impacted by Hurricane Melissa.

+ We launched the NextGen Leadership Program, creating meaningful opportunities for underserved high school students to strengthen their leadership skills, expand their vision for the future, and prepare for college, careers, and community impact.

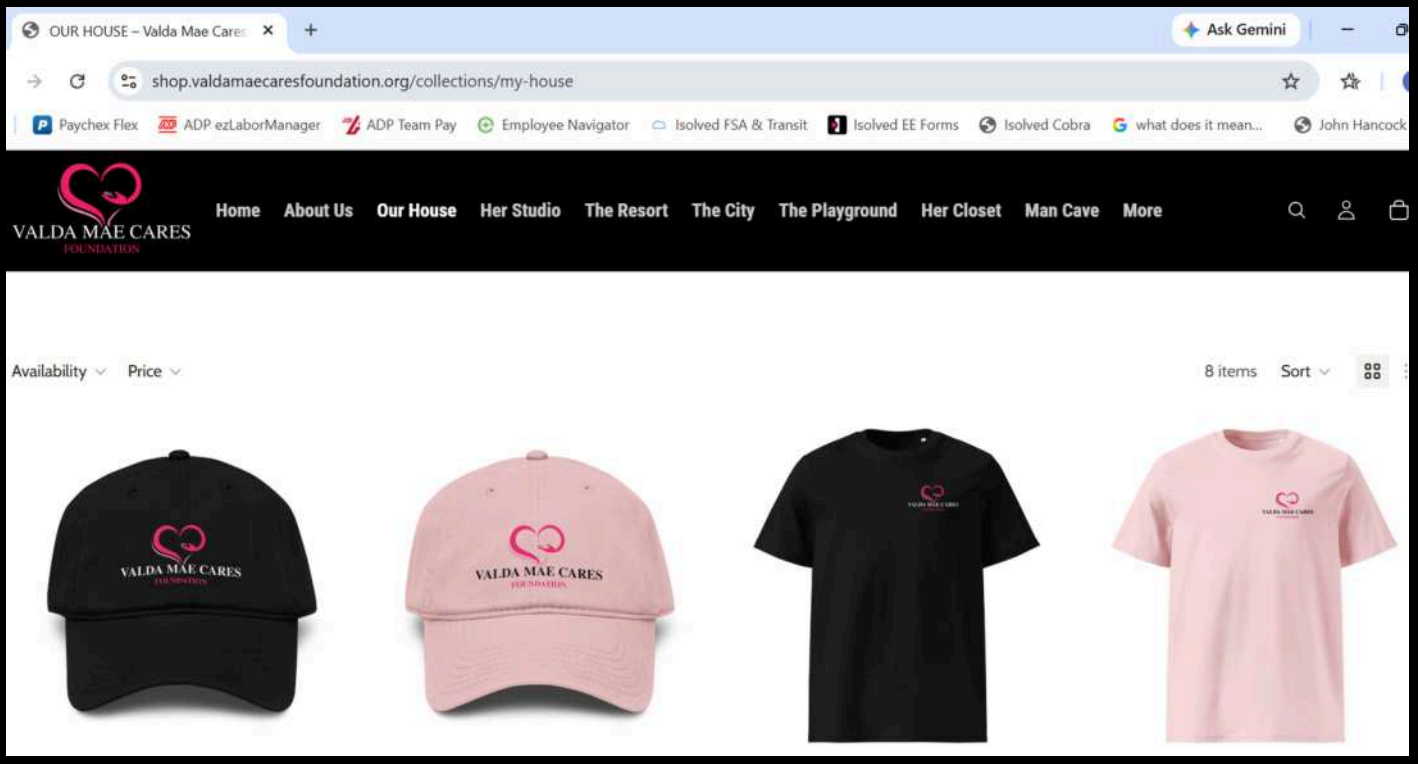
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We've also launched our website:
https://www.valdamaecaresfoundation.org/

and online boutique:
https://shop.valdamaecaresfoundation.org/

to further promote our cause.

Through disaster relief, senior support, and youth leadership initiatives, Valda Mae Cares continues to restore dignity, cultivate opportunity, and build hope across the Caribbean communities we serve.



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Hurricane Melissa Relief Packages



Milestones

In March, Valda Mae Cares Foundation distributed 52 **Hurricane Melissa Relief Packages** to seniors and youth across St. Ann Parish, Jamaica. This effort provided essential support to communities that had received little to no meaningful disaster assistance or recovery resources following the hurricane. By delivering critical supplies directly to those most in need, Valda Mae Cares helped restore a sense of dignity, hope, and community care during a challenging period of recovery.

Check out the video capturing this special milestone on our VMCF website's Make A Gift page.

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Announcements

As we continue our commitment to supporting the **nutrition, wellness, and dignity of seniors**, Valda Mae Cares Foundation is preparing to distribute **New Year Care Packages to underserved seniors in Kingston on January 10**. We need your help to make this initiative possible and ensure seniors begin the new year with essential food, wellness, and care resources.

We are also launching our next phase of hurricane recovery efforts in **St. Ann Parish**, where many families are still living with homes damaged by Hurricane Melissa. Our goal is to begin purchasing **building supplies and essential materials to support home repairs and restoration** for vulnerable seniors and families.

Your support can help us turn compassion into action. Whether through a donation (**https://givebutter.com/general-i2cstx**), sponsorship, or in-kind contribution of supplies, every contribution brings us one step closer to restoring dignity, safety, and hope in the communities we serve.

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NextGen Leadership Program



Milestones

In May 2026, Valda Mae Cares Foundation enrolled 15 Jamaican high school students in our NextGen Leadership Program.

Through monthly virtual career and leadership readiness sessions, students are building the skills, confidence, and knowledge needed to navigate future educational and career opportunities. The program connects youth with meaningful learning experiences designed to inspire leadership, broaden career awareness, and prepare them for success beyond high school.

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Announcements



On August 20th, our NextGen Leaders participated in their first company tour and career workshop at the Jamaica National Foundation in Kingston.

The experience provided students with an opportunity to explore career pathways, gain firsthand insight into the workplace, and engage with professionals who shared valuable guidance on career readiness and leadership development.

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Community Spotlights

Valda Mae Cares Foundation continues to grow and expand its community impact through several exciting milestones.

This year, we launched our **new website**, hosted the **LUX Hearts of Hope Brunch: A Purposeful Gathering**, and introduced our **online boutique**.

These initiatives have strengthened our visibility, engaged new supporters, and created new opportunities to advance our mission of **Fostering Dignity for Seniors & Hope for Youth.**

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LUX Hearts of Hope Brunch



In June, Valda Mae Cares Foundation hosted its inaugural **LUX Hearts of Hope Brunch** in Atlanta, bringing together a small group of supportive guests from our close network to fundraise and celebrate our recent accomplishments.

The gathering raised money to help advance our senior & youth initiatives. We look forward to making this an annual event and welcoming even more community members from our Atlanta and New York network in the years ahead.

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New Website

VALDA MAE CARES

FOUNDATION

Fostering Dignity for Seniors & Hope for Youth

Our new website launched in May, providing a platform to showcase our mission, share our impact, and bring greater visibility to the communities and causes we serve.

Please visit valdamaecaresfoundation.org to learn more.

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New Online Boutique



This month, we launched our new online boutique, turning fashion into a powerful tool for advancing our mission. Every purchase not only helps spread awareness of our cause but also directly contributes to funding the programs, resources, and initiatives that make a meaningful difference in the lives we serve.

Please shop with us at **Shop.valdamaecaresfoundation.org** and invite your network to do so too!

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Thank you!

To our board of directors, our partners: RNSC Tech & Life Skills, Ray Nile & Co., Jamaica National Foundation, and individual donors for your commitment to fostering dignity for seniors and hope for youth in the Caribbean.

Feedback & Partnership

Please share feedback or inquire about partnership by contacting the team via the email below.

Valda Mae Cares Foundation, Inc.

Contact us: **valdamaecaresf@gmail.com**

Website: **valdamaecaresfoundation.org**

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